

# TABLE FOR THE MANAGEMENT OF CASES AND CONTACTS IN ELEMENTARY AND SECONDARY SCHOOLS

Guidelines regarding the wearing of masks, and the management of cases and contacts in elementary and secondary schools as well as daycares.

		Stable epidemiological situation	Worsening epidemiological situation
		Bas-Saint-Laurent (01), Saguenay-Lac-Saint-Jean (02), Capitale-Nationale (03), Abitibi-Témiscamingue (08), Côte-Nord (9), Nord-du-Québec (10), Gaspésie-Îles-de-la-Madeleine (11) and Chaudière-Appalaches (12)	Mauricie (04), Estrie (05), Montréal (06), Outaouais (07), Laval (13), Lanaudière (14), Laurentides (15), Montérégie (16) and Centre-du-Québec (17)
<b>Management protocol</b>		Wearing a mask is mandatory in common areas (cafeteria, theatre, auditorium), while circulating indoors and while using school transportation, except for preschool students	
		Normally, <b>masks are not required</b> in class	Normally, masks are required in class
<b>ELEMENTARY LEVEL</b>	<b>CASES</b>	<ul style="list-style-type: none"> <li>The person who exhibits symptoms must self-isolate for 10 days</li> <li>The person must get tested</li> </ul>	
	<b>CONTACTS AT SCHOOL, including daycare</b>	<ul style="list-style-type: none"> <li>Modified self-isolation required, meaning that academic activities are permitted, provided a mask is worn for 10 days. However, no other activities are permitted (extracurricular activities; public spaces, such as parks, are off limits)</li> <li>Symptoms are monitored</li> </ul>	<ul style="list-style-type: none"> <li>No self-isolation required: academic and extracurricular activities are permitted</li> <li>Symptoms are monitored</li> </ul>
<b>SECONDARY LEVEL</b>	<b>CASES</b>	<ul style="list-style-type: none"> <li>The person who exhibits symptoms must self-isolate for 10 days</li> <li>The person must get tested</li> </ul>	
	<b>CONTACTS AT SCHOOL</b>	<ul style="list-style-type: none"> <li><b>If appropriately protected,<sup>1</sup></b> self-isolation is not required</li> <li><b>If not appropriately protected,</b> modified self-isolation is required, meaning that academic activities are permitted, provided a mask is worn for 10 days. However, no other activities are permitted (extracurricular activities; public spaces, such as parks, are off limits)</li> <li>Symptoms are monitored</li> </ul>	<ul style="list-style-type: none"> <li><b>If appropriately protected,</b> self-isolation is not required</li> <li><b>If not appropriately protected,</b> self-isolation is not required; academic and extracurricular activities are permitted provided they do not require the vaccination passport</li> <li>Symptoms are monitored</li> </ul>

<sup>1</sup> Appropriately protected = two doses of a vaccine or illness + one dose of a vaccine

## Guidelines regarding the use of rapid tests in elementary and secondary schools in addition to the testing that is currently available

**Tests:** It is suggested to immediately test the contacts at school of a person with COVID 19, using PCR gargle tests.

**Rapid antigen tests:** It is suggested to use rapid antigen tests along with the other measures if students show symptoms at school.

- A. If the test is negative, students can return to class with a mask (in areas of concern, the mask must be worn until symptoms resolve).
- B. If the test is positive, have the student take a PCR test to confirm, either a gargle test on-site or at a testing clinic. The student must self-isolate until the results are received.

**Guide de mesures pour la gestion des cas et des contacts:** It is suggested to modify the self-isolation period for contacts by testing them on days 3 to 5 and on day 7. If the test is still negative on day 7, self-isolation can end.