

Appendix 5

Agreement to Respect the Safety Rules in the Sports and Recreational Facilities

GUIDELINES FOR SUPERVISING ADULTS

- Use of all materials must be under constant **adult supervision**;
- A complete **First Aid kit** is accessible at all times;
- Ensure to have the required certification to **safely supervise** an activity (for example, trapeze, gymnastics etc.);
- Verify that the equipment is in **good working condition**;
- Ensure that equipment used by the child is **securely fastened**;
- Ensure that the play area is a **safe distance** from the walls;
- Ensure that the space is cleared and unobstructed by objects that may be potentially dangerous;
- It is **prohibited** to request assistance from children when moving heavy material that could potentially cause injuries (for example, mats, poles etc.);
- Before the adult exits the recreational facility, ensure that the **child has left** the premises after the activity;
- Do not block the exits with equipment; ensure unobstructed access at all times.
- The school reserves the right to impose any other procedures if required.

SECURITY RULES TO RESPECT AT ALL TIMES

- **Constant supervision** by an adult in the gymnasium;
- Wear **protective eye gear** for any activity that may pose a risk (for example, floor hockey);
- **Wear tied running shoes** at all times in the gymnasium; no boots or wet shoes (rain or snow);
- When an activity requires it, wear a well-adjusted and fastened **protective helmet**;
- Keep the **equipment storage door closed** during activities;
- Use an **adequate mat** of an appropriate thickness and in good condition when an activity requires it;
- Ensure the floor sockets are properly fitted with their cover plate when not in use (for example, taking down a volleyball net).

Child's signature

Date

Parent's/Guardian's signature

Date