Live Event recording

▶ [April 27, 2021](#)

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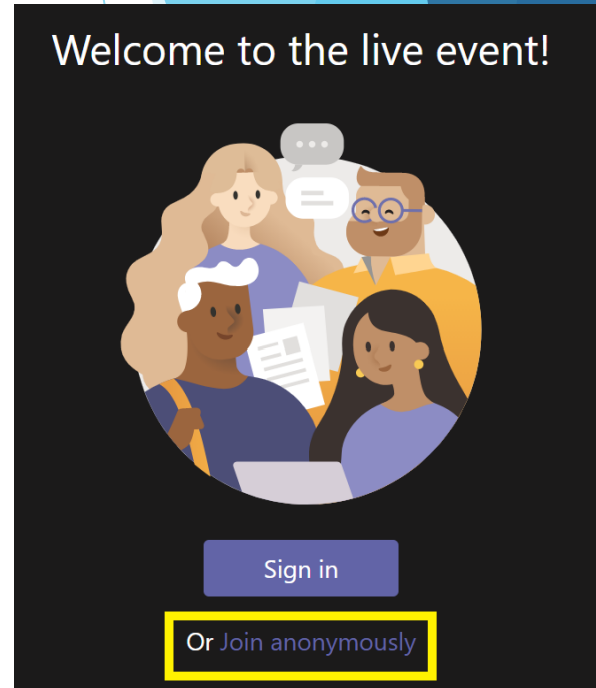
Learning Intentions

▶ Explore the technological orientations

▶ Overview of the responsibilities for security

▶ Resources available for parents to help support students at home

- ▶ What you can do
- ▶ Best practices

Our Team…

Management
Pascal - Director
Carrie - Manager

Pedagogical Team
Lisa – RECIT / Education Technology Consultant
Stuart – Education Technology Consultant
Ralph – Advisor / Parent Support
https://sites.google.com/wqsb.qc.ca/distance-learning/home

Infrastructure Team

David - Analyst
Riley (Temporary) - Analyst
Willy - Office 365 and IP Phone
Colin - Networking
Mike – Devices Management
Gina – Admin Software and Central Purchasing

Schools/Centres Technical Support Team

Joyce – Team Leader
Wilson, Mathieu – Operators
Peter, Mathurin, Dustin, Glenn, William - Technicians

Q & A

Introduction - Pascal

- Ministry Orientations

  - Implementation of Technology in the classroom
    - Ministère de l'Éducation et de l'Enseignement supérieur, Digital Action Plan for Education and Higher Education, 2018

  - Mandatory Actions Related to Security
    - 15 security measures

Introduction - Pascal

- Local Management Tools

  - Appropriate use of Technology
    - Policy E9: The Appropriate Use of Information & Communication Technology - Policy E9

  - Information Resources Master Plan
    - WQSB Technology Plan - Master Plan

--> Team priorities

Some statistics on our Internet use

8.5K active users ▲ 0.8%

4.0M activities ▲ 44.7% Email service

6.7M files stored ▲ 7.4% One Drive Account files

826.4K files stored ▲ 38.2% Groups / Teams / Classroom files

274 activities ▼ 42.2% Phone service

In the last 90 days
- 2 451 128 Received emails
- 1 573 741 Sent emails
- 56 437 Meetings created

What the WQSB is doing to keep students safe - David

- **WQSB Identities (email address)**
  - Change of email address structure
  - No emails from outside the board (coming or going) - Youth
  - Passwords change annually

- **Cloud services – Office 365 / Google G Suite Educational**
  - WQSB is the owner of the Data in the Cloud
  - Data in Canada (Office 365)
  - Use of Both Cloud services respecting Security Standards
    - ISO 27001 / 27002 (International + GDPR EU)

- **15 Security Measures for all Quebec Educational Sector**
  - Network – Data – Business Continuity Plan – Audits from MEQ
  - Plan New services / Cyber Training / Review of Framework

Digital Action Plan (DAP):
A foundation for ethical citizenship
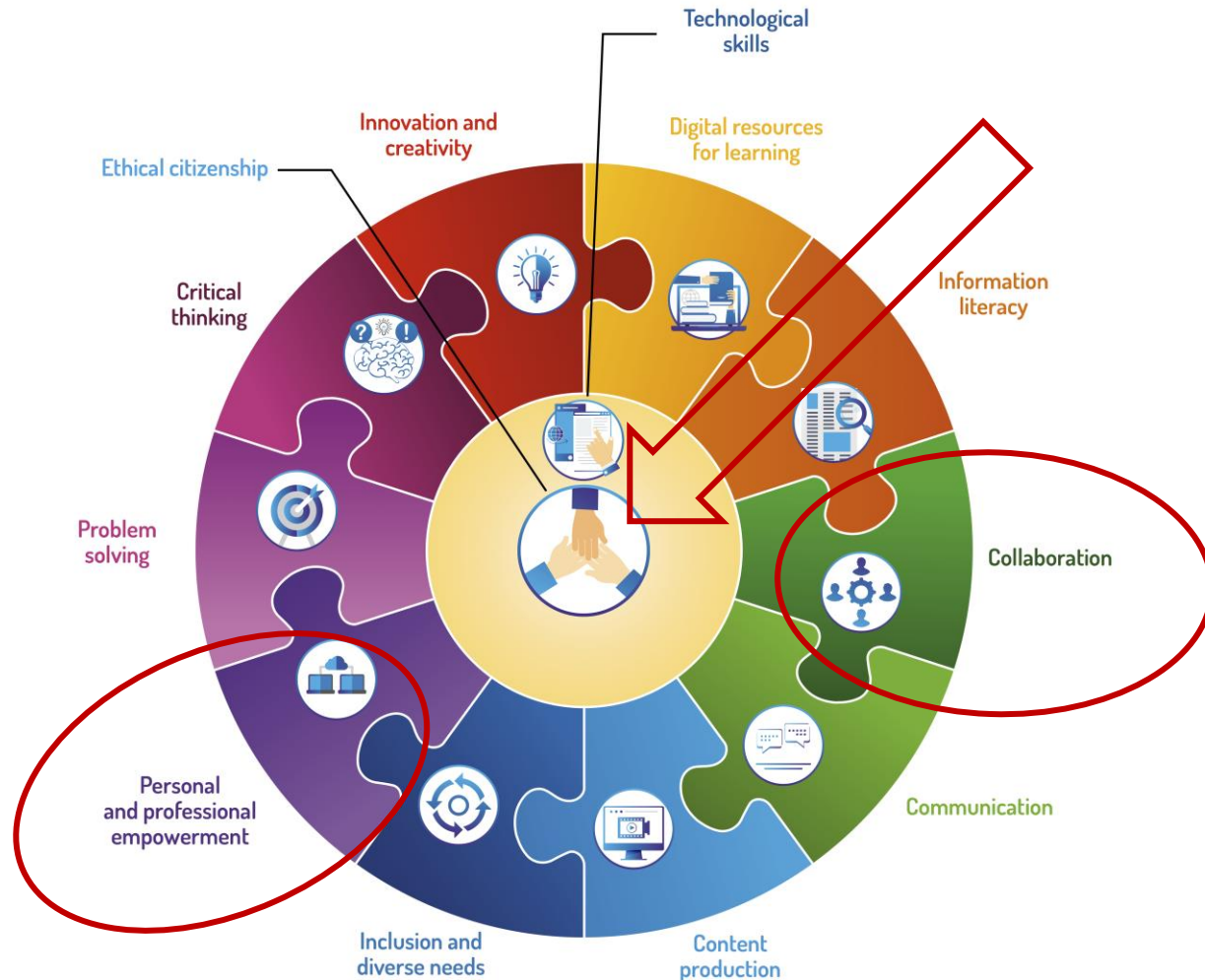
- ▶ DAP: what parents need to know

- ▶ DAP is part of our "master plan" which includes ethical citizenship

- ▶ Schools develop DAPs for their community

- ▶ Training for staff: awareness of information security

What you can do - Stuart

Three primary areas that families can manage to create a safer digital environment for children:

1. Monitor and control screen time and app access

2. Manage devices

3. Manage home network

Parents' Ultimate Guide to Parental Controls | Common Sense Media

Good Practices at Home - Lisa

- Good communication
- Clear Guidelines
- Do your homework
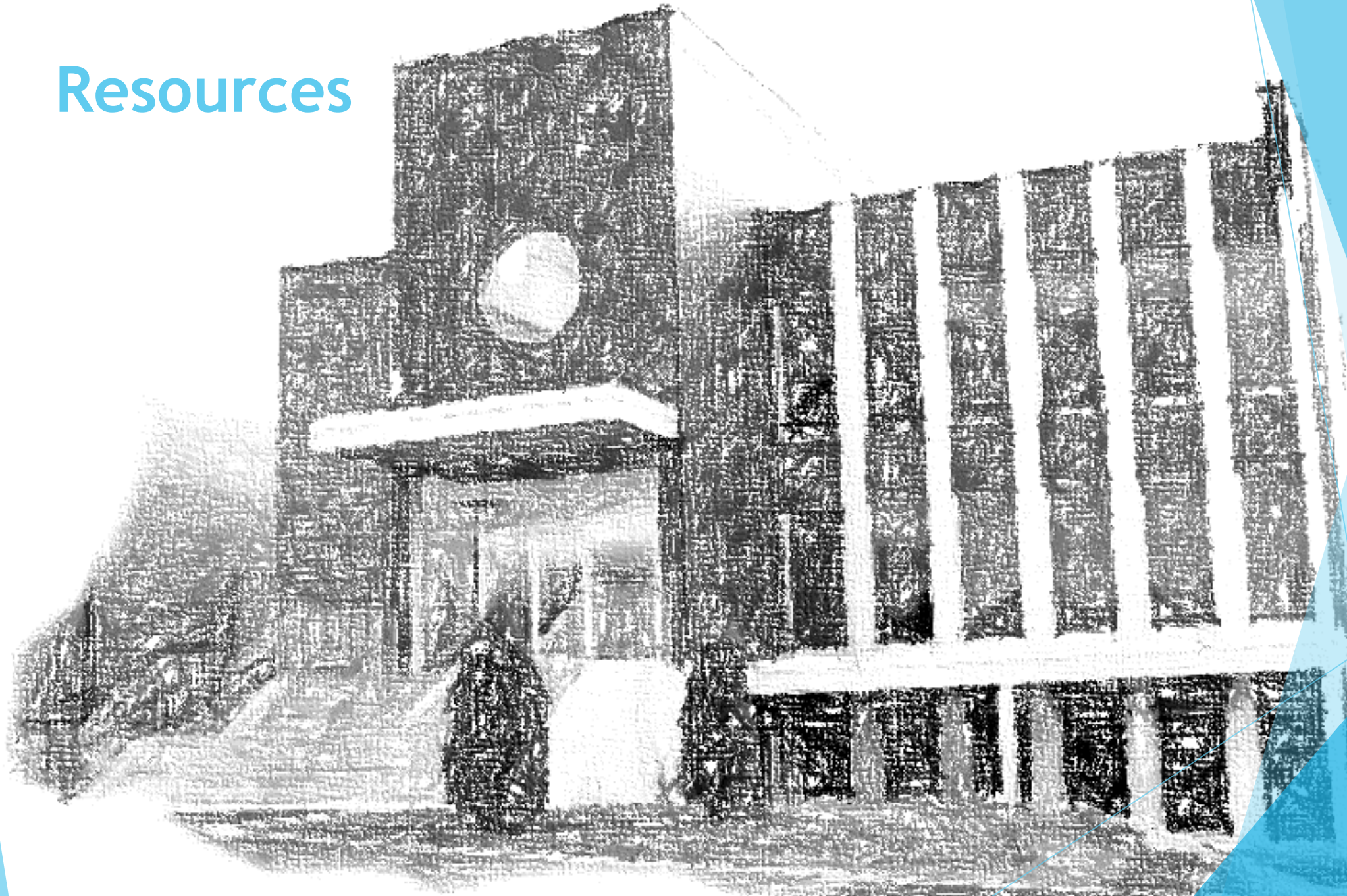- Know what's out there

Screen Time - Lisa

- Balance
- Technology supporting learning
- 21st century learner

Resources

Parent Help Desk

▶ Please email wqsbhelpdesk@wqsb.qc.ca and include in the following:

- ▶ Student's name

- ▶ School and grade level

- ▶ Preferred phone number for follow-up contact (if necessary)

- ▶ Device being used

- ▶ Clearly described issue/problem

▶ Or call: 819-777-9650 (8:00 am - 4:30 pm Monday to Friday) and leave a message with the information above

Managing devices - Stuart

Parents' Ultimate Guide to Parental Controls | Common Sense Media

- Remotely monitor and set screen time limits for device

- Set limitations on app usage

- Manufacturer-specific resources:

  - Apple

  - Google

  - Microsoft

Managing your home network - Stuart

[Parents' Ultimate Guide to Parental Controls | Common Sense Media](#)

- Control internet access times for specific devices at home

- Create filters to prevent access to certain content on the internet

- Resources:

    - OpenDNS - www.opendns.com
        - *OpenDNS is the easiest way to make your Internet safer, faster and more reliable. Protect your family across all devices on your home network.*

    - [Bell](#)

    - [Explorenet](#)

Additional Resources

- Ecole Branchée resources:

  - [COÉDUQUER À L'ÈRE DU NUMÉRIQUE](#)

  - [Family-friendly school - École branchée (ecolebranchee.com)](#)

- NeedHelpNow.ca - For Teenagers - https://www.needhelpnow.ca/app/en/

- Protect Kids Online https://protectkidsonline.ca/app/en/

- Internet Safety, tips for Youth - [Internet Safety – tips for Youth](#)

Difficult Conversation Resources

- https://www.needhelpnow.ca/app/en/parent_info-talking_tips

- https://www.cybertip.ca/app/en/internet_safety-for_youth

Online Dating for Children 12-17

- Online dating for teens? Why parents need to talk about online relationships. - Thriving Blog (childrenshospital.org)

- Online Dating for Teens | Parenting Advice (internetmatters.org)

- Online dating: Safety tips - Kids Help Phone

Screen Time (Resources compiled by Hadley/PWHS)

Specific Resources on Managing Screen Time for Parents from Media Smarts:

- On using parental controls: https://mediasmarts.ca/using-parental-controls-tip-sheet

- 4 tips for managing screen time: https://mediasmarts.ca/four-tips-managing-your-kids%E2%80%99-screen-time

- Lesson plan: Finding balance in our digital lives: https://mediasmarts.ca/teacher-resources/finding-balance-our-digital-lives

- Lesson plan: game time (this one is specifically about video games both pros and cons including screen time) https://mediasmarts.ca/teacher-resources/game-time

- Screen time and well-being fact sheet: https://mediasmarts.ca/teacher-resources/screen-time-well-being-fact-sheet

- And here is info on excessive internet use: https://mediasmarts.ca/excessive-internet-use/excessive-internet-use-overview

Screen Time Cont'd (Resources compiled by Hadley/PWHS)

PAUSE Campaign

The PAUSE Campaign (https://pausetonecran.com/en/homepage/) includes online information and tools including the tips to help the family manage screen time, the PAUSE Pact and even Apps to help you manage screen time, monitor your habits and even block access at pre-determined times, etc.: https://pausetonecran.com/en/apps-and-documents/

AMI-Quebec

They offer virtual support groups for individuals and their families who have mental illness- but they also have a bit of information on addiction: https://amiquebec.org   https://amiquebec.org/learnonline/internet-addiction/

Other Resources:
811- If a child or a family member is struggling and requires support you can call 811 and request services

Morneau Shepell : Children Support Solutions
Cyber Dependence and Addiction in youth: https://childrensupportsolutions.com/cyber-dependence-and-addiction-in-youth/

Connexions: Will be a session for parents on Balancing Screen Time in the fall