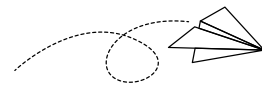


Resource Page

Transition from School to Active Life (TEVA)



Support for the development of personal autonomy Carrefour jeunesse emploi de l'Outaouais (CJEO)



Health



Housing



Financial Management



Transport



Carrefour
jeunesse emploi
de l'Outaouais



For Who?

The CJEO is a community organization dedicated to supporting individuals—primarily those aged 16 to 35—who are seeking to pursue employment, further education, entrepreneurship, or a future-oriented project. They play a crucial role in improving the quality of life of young people. In the context of promoting school retention, the CJEO can begin working with students as young as 12 years of age.

Vision



The gateway to your future!

How to access CJEO services:

By phone, email, or in person (350 Boulevard de la Gappe) No referral is required.



Financial Education: skill development

- Learn how to create a budget
- Put strategies into practice to avoid debt
- Develop effective habits for managing your money
- Become a savvy consumer
- Plan your major purchases or projects (back-to-school, buying a car, etc.)

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(819) 561-7712



info@cjeo.qc.ca



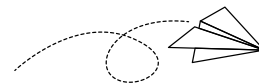
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Resource Page

Transition from School to Active Life (TEVA)



Supporting Professional Integration Carrefour jeunesse emploi de l'Outaouais (CJEO)



Education and training



Socio-professional Integration and employment



**Carrefour
jeunesse emploi
de l'Outaouais**

For Who?

The CJEO is a community organization dedicated to supporting individuals—primarily those aged 16 to 35—who are seeking to pursue employment, further education, entrepreneurship, or a future-oriented project. We play a crucial role in improving their quality of life. In the context of promoting school retention, the CJEO begins working with students as young as 12.

Vision



The Gateway to your future!

How to access CJEO services:

By phone, email, or in person (350 Boulevard de la Gappe)
No referral is required.



Employability and Job Search: Moving Forward

Personalized guidance and support

- Work toward becoming self-sufficient
- Address various issues that are hindering your ability to find or keep a job
- Explore and identify a career field
- Develop your skills and gain experience through a work placement
- Create your job search tools (resume, cover letters, etc.)
- Practice your interview skills
- Explore market trends and job opportunities
- Enter the job market and stay there
- Leverage your social media and network



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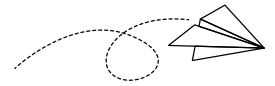
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From School to Active Life (TEVA)



Supporting Professional Integration Carrefour jeunesse emploi de l'Outaouais (CJEO)



Education and training



Socio-professional Integration and employment



Carrefour
jeunesse emploi
de l'Outaouais



Entrepreneurship: Bringing Your Project to Life:

Personalized guidance and support

- Assess your entrepreneurial profile
- Take stock of your skills and identify the steps needed to bring your project to fruition
- Conduct a market analysis and seek to innovate
- Develop and validate your business model and vision
- Understand and choose the legal structure of your business
- Understand your personal financial profile and develop your financial strategies
- Describe your customer relationships, as well as marketing and sales strategies.
- Identify your allies and develop your network of collaborators and partners



Academic and Career Guidance: Making Informed Choices

Personalized guidance and support

- Clearly identify your values, interests, and strengths
- Make an informed decision about returning to school or choosing a career
- Choose a career and confirm your decision
- Develop your action plan (financing, childcare, transportation, etc.)



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